

PARTICIPANT LEARNING PORTFOLIO AND REFLECTIONS



A GRUNDTVIG LIFELONG LEARNING PROGRAMME
LEARNING PARTNERSHIP





My name is **Luis Medicuti Sabater**

My age is **21/07/1988**

My profession or experience related to the project is **participate in different activities related to environmental protection, my family have a garden with ecological fruit trees and vegetable.**

And I am from **Elche – Alicante-**

I participated in the mobility meeting in Uk, 18-21 November 2013



I participated in a number of activities, study visits and workshops including, **is the first**

I have gained new skills and knowledge, one of the most interesting is:

To learn about the reality in Uk about urban garden, to meet new people with the same interest like me. Practice the English, Amazing the Eden project.

The main ideas, methods, tools and best practice approaches that I can use in my own professional and personal life are:

The different activities presented by the partners, that they do in local level as:

Workshops day related to environmental protection and recover the traditions, very nice idea

The Czech organization has a week where parent and kids can learn about how to do: bread, jam, cheese, intergenerational activity.

I think this are very nice ideas that I can propose and develop in local level.

With regard to the development of my personal and professional competences, I believe that I have developed new skills or developed existing skills in the following areas. If I have circled number 1 this is because it has not been relevant to me on this occasion and there has been no impact, if I have circled number 5 this is because it has been very relevant to me and there has been a very significant impact, I have also described why I have given my answers:

(1 = no impact, 2 = small impact, 3 = medium impact, 4 = high impact, 5 = very significant impact)

Linguistic/language skills;

Communication in your own language (mother tongue) 1 2 3 4 **5**

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Communication in a different language 1 2 3 4 **5**

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Social/Civic; developing understanding of impact your role in society and in European Union 1 2 3 **4** 5

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Cultural/intercultural awareness; of your own culture and of others'

1 2 3 4 5

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ICT/digital skills

1 2 3 4 5

...I need to prepare with the people that we went to the meeting the presentation of the organization.....

Personal; self-confidence, inspiration, motivation, entrepreneurship...

1 2 3 4 5

Learn a lot form the other participants, their experiences in international work.

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Technical or practical skills related to the project

1 2 3 4 5

I was involve in the meeting to talk about the develop of the project.

Other -

Here are some of my photographs and my ideas and thoughts about good practices, new knowledge and ideas to develop in my own country following this meeting....

